



Manchester & Derry — April



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>NOTE: All Groups are being facilitated virtually either through Zoom or Facebook (private).</p> <p>** Please see page 5 of our of Newsletter for details on how to connect to these groups, and page 6 for the descriptions of these groups.</p>			<p>1</p> <p>10:00AM Daily Check-in via Zoom</p> <p>11:00 AM WRAP via Facebook</p> <p>1:00 PM Conversations of Hope via Zoom</p>	<p>2</p> <p>10:00AM Daily Check-in via Zoom</p> <p>11:00 AM Self-Care via Facebook</p> <p>1:00 PM Creative Arts via Zoom</p>	<p>3</p> <p>10:00AM Daily Check-in via Zoom</p> <p>11:00 AM Stress Management via Facebook</p> <p>1:00 PM Laughing Group via Zoom</p>	<p>4</p> <p>CLOSED</p>
<p>5</p> <p>CLOSED</p>	<p>6</p> <p>8:30AM Java with John - Zoom</p> <p>10:00AM Daily Check-in - Zoom</p> <p>11:00 AM IPS via Facebook</p> <p>1:00 P-M Reading for Inspiration - Zoom</p> <p>3:00PM Social Group - Zoom</p>	<p>7</p> <p>8:30AM Java with John - Zoom</p> <p>10:00AM Daily Check - Zoom</p> <p>11:00 AM Strong Feelings - Facebook</p> <p>1:00 PM Music Appreciation - Zoom</p> <p>3:00PM Social Group - Zoom</p>	<p>8</p> <p>8:30AM Java with John - Zoom</p> <p>10:00AM Daily Check-in - Zoom</p> <p>11:00 AM WRAP - Facebook</p> <p>1:00 PM Conversations of Hope Zoom</p> <p>3:00PM Social Group - Zoom</p>	<p>9</p> <p>8:30AM Java with John - Zoom</p> <p>10:00AM Daily Check-in - Zoom</p> <p>11:00 AM Self-Care - Facebook</p> <p>1:00 PM Creative Arts - Zoom</p> <p>3:00PM Social Group - Zoom</p>	<p>10</p> <p>8:30AM Java with John - Zoom</p> <p>10:00AM Daily Check-in - Zoom</p> <p>11:00 AM Stress Management - Facebook</p> <p>1:00 PM Laughing Group - Zoom</p> <p>3:00PM Social Group - Zoom</p>	<p>11</p> <p>CLOSED</p>
<p>12</p> <p>CLOSED</p>	<p>13</p> <p>8:30AM Java with John - Zoom</p> <p>10:00AM Daily Check-in - Zoom</p> <p>11:00 AM IPS via Facebook</p> <p>1:00 P-M Reading for Inspiration - Zoom</p> <p>3:00PM Social Group - Zoom</p>	<p>14</p> <p>8:30AM Java with John - Zoom</p> <p>10:00AM Daily Check - Zoom</p> <p>11:00 AM Strong Feelings - Facebook</p> <p>1:00 PM Music Appreciation - Zoom</p> <p>3:00PM Social Group - Zoom</p>	<p>15</p> <p>8:30AM Java with John - Zoom</p> <p>10:00AM Daily Check-in - Zoom</p> <p>11:00 Community Meeting via Zoom</p> <p>1:00 PM Conversations of Hope Zoom</p> <p>3:00PM Social Group - Zoom</p>	<p>16</p> <p>8:30AM Java with John - Zoom</p> <p>10:00AM Daily Check-in - Zoom</p> <p>11:00 AM Self-Care - Facebook</p> <p>1:00 PM Creative Arts - Zoom</p> <p>3:00PM Social Group - Zoom</p>	<p>17</p> <p>8:30AM Java with John - Zoom</p> <p>10:00AM Daily Check-in - Zoom</p> <p>11:00 AM Stress Management - Facebook</p> <p>1:00 PM Laughing Group - Zoom</p> <p>3:00PM Social Group - Zoom</p>	<p>18</p> <p>CLOSED</p>
<p>19</p> <p>CLOSED</p>	<p>20</p> <p>8:30AM Java with John - Zoom</p> <p>10:00AM Daily Check-in - Zoom</p> <p>11:00 AM IPS via Facebook</p> <p>1:00 P-M Reading for Inspiration - Zoom</p> <p>3:00PM Social Group - Zoom</p>	<p>21</p> <p>8:30AM Java with John - Zoom</p> <p>10:00AM Daily Check - Zoom</p> <p>11:00 AM Strong Feelings - Facebook</p> <p>1:00 PM Music Appreciation - Zoom</p> <p>3:00PM Social Group - Zoom</p>	<p>22</p> <p>8:30AM Java with John - Zoom</p> <p>10:00AM Daily Check-in - Zoom</p> <p>11:00 AM WRAP - Facebook</p> <p>1:00 PM Conversations of Hope Zoom</p> <p>3:00PM Social Group - Zoom</p>	<p>23</p> <p>8:30AM Java with John - Zoom</p> <p>10:00AM Daily Check-in - Zoom</p> <p>11:00 AM Self-Care - Facebook</p> <p>1:00 PM Creative Arts - Zoom</p> <p>3:00PM Social Group - Zoom</p>	<p>24</p> <p>8:30AM Java with John - Zoom</p> <p>10:00AM Daily Check-in - Zoom</p> <p>11:00 AM Stress Management - Facebook</p> <p>1:00 PM Laughing Group - Zoom</p> <p>3:00PM Social Group - Zoom</p>	<p>25</p> <p>CLOSED</p>
<p>26</p> <p>CLOSED</p>	<p>27</p> <p>8:30AM Java with John - Zoom</p> <p>10:00AM Daily Check-in - Zoom</p> <p>11:00 AM IPS via Facebook</p> <p>1:00 P-M Reading for Inspiration - Zoom</p> <p>3:00PM Social Group - Zoom</p>	<p>28</p> <p>8:30AM Java with John - Zoom</p> <p>10:00AM Daily Check - Zoom</p> <p>11:00 AM Strong Feelings - Facebook</p> <p>1:00 PM Music Appreciation - Zoom</p> <p>3:00PM Social Group - Zoom</p>	<p>29</p> <p>8:30AM Java with John - Zoom</p> <p>10:00AM Daily Check-in - Zoom</p> <p>11:00 AM WRAP - Facebook</p> <p>1:00 PM Conversations of Hope Zoom</p> <p>3:00PM Social Group - Zoom</p>	<p>30</p> <p>8:30AM Java with John - Zoom</p> <p>10:00AM Daily Check-in - Zoom</p> <p>11:00 AM Self-Care - Facebook</p> <p>1:00 PM Creative Arts - Zoom</p> <p>3:00PM Social Group - Zoom</p>	<p>1</p> <p>8:30AM Java with John - Zoom</p> <p>10:00AM Daily Check-in - Zoom</p> <p>11:00 AM Stress Management - Facebook</p> <p>1:00 PM Laughing Group - Zoom</p> <p>3:00PM Social Group - Zoom</p>	<p>2</p> <p>CLOSED</p>