

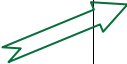






Manchester — June



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>BOARD MEETING</p> <p>Thursday, June 17th 6:00pm Via Zoom</p> <p>Members Encouraged to Attend! Contact the Office for Access Credentials</p>	<p>*Green Font Denotes a Group With Special LGBTQ+ Related Topic/Discussion Planned</p>	<p>1</p> <p>Moving Towards/Goal Setting 10:00AM — Mindfulness and Meditation 11:00AM — Make Your Voice Heard 12:30PM — Music Appreciation 1:30PM</p>	<p>2</p> <p>Closed for Staff Development</p> 	<p>3</p> <p>Moving Towards/Goal Setting 10:00AM — Laughing Group 11:00AM — Healthy Living 12:30PM — TED Talks 1:30PM</p>	<p>4</p> <p>Check-in/ Moving Towards 10:00AM 10:00AM — Life Skills 11:00AM — Walking Group/ Physical Wellness Group 12:30PM — Member Driven Group 1:30PM</p>	<p>5</p> <p>Weekend Relief Open 8:30AM-12:30PM</p>
<p>6</p> <p>CLOSED</p> 	<p>7</p> <p>Check-in/ Moving Towards 10:00AM — PFLAG-NH Presentation Via Zoom 11:30AM — Positive Thinking 12:30PM — Journaling 1:30PM</p>	<p>8</p> <p>Moving Towards/Goal Setting 10:00AM — Mindfulness and Meditation 11:00AM — Make Your Voice Heard 12:30PM — Music Appreciation 1:30PM</p>	<p>9</p> <p>Check-in/ Moving Towards 10:00AM — Topics in WRAP 11:00AM — COVID Relief 12:30PM — Creative Arts 1:30PM</p>	<p>10</p> <p>Moving Towards/Goal Setting 10:00AM — Laughing Group 11:00AM — Healthy Living 12:30PM — TED Talks 1:30PM</p>	<p>11</p> <p>Check-in/ Moving Towards 10:00AM 10:00AM — Life Skills 11:00AM — Walking Group/ Physical Wellness Group 12:30PM — Member Driven Group 1:30PM</p>	<p>12</p> <p>Weekend Relief Open 8:30AM-12:30PM</p>
<p>13</p> <p>CLOSED</p>	<p>14</p> <p>Check-in/ Moving Towards 10:00AM — IPS Group 11:00AM — Positive Thinking 12:30PM — Addiction Cessation/ Smoking Cessation 1:30PM</p>	<p>15</p> <p>Moving Towards/Goal Setting 10:00AM — Mindfulness and Meditation 11:00AM — Make Your Voice Heard 12:30PM — Music Appreciation 1:30PM</p>	<p>16</p> <p>Check-in/ Moving Towards 10:00AM — Topics in WRAP 11:00AM — COMMUNITY MEETING 12:30PM — Newsletter Workgroup 1:30PM</p>	<p>17</p> <p>Moving Towards/Goal Setting 10:00AM — Laughing Group 11:00AM — Healthy Living 12:30PM — TED Talks 1:30PM</p> <p>Board Meeting 6:00pm - Zoom</p>	<p>18</p> <p>Check-in/ Moving Towards 10:00AM 10:00AM — Life Skills 11:00AM — Walking Group/ Physical Wellness Group 12:30PM — Member Driven Group 1:30PM</p>	<p>19</p> <p>Weekend Relief Open 8:30AM-12:30PM</p>
<p>20</p> <p>CLOSED</p> 	<p>21</p> <p>Check-in/ Moving Towards 10:00AM — IPS Group 11:00AM — Positive Thinking 12:30PM — Journaling 1:30PM</p>	<p>22</p> <p>Moving Towards/Goal Setting 10:00AM — Mindfulness and Meditation 11:00AM — Make Your Voice Heard 12:30PM — Music Appreciation 1:30PM</p>	<p>23</p> <p>Check-in/ Moving Towards 10:00AM — Topics in WRAP 11:00AM — COVID Relief 12:30PM — Creative Arts 1:30PM</p>	<p>24</p> <p>Moving Towards/Goal Setting 10:00AM — Laughing Group 11:00AM — Healthy Living 12:30PM — TED Talks 1:30PM</p>	<p>25</p> <p>Check-in/ Moving Towards 10:00AM 10:00AM — Life Skills 11:00AM — Feature Friday 12:30-2:30</p> 	<p>26</p> <p>Weekend Relief Open 8:30AM-12:30PM</p>
<p>27</p> <p>CLOSED</p>	<p>28</p> <p>Check-in/ Moving Towards 10:00AM — IPS Group 11:00AM — Positive Thinking 12:30PM — Addiction Cessation/ Smoking Cessation 1:30PM</p>	<p>29</p> <p>Moving Towards/Goal Setting 10:00AM — Mindfulness and Meditation 11:00AM — Make Your Voice Heard 12:30PM — Music Appreciation 1:30PM</p>	<p>30</p> <p>Check-in/ Moving Towards 10:00AM — Topics in WRAP 11:00AM — Field Trip to Precourt Park Space in the van is limited, Sign-ups are Required 12:30pm-2:30pm</p>	<p>*Green Font Denotes a Group With Special LGBTQ+ Related Topic/Discussion Planned</p>	<p>This month's Life Skills group will be on How To Be An Ally to the LGBTQ+ Community</p> 