



# Derry-June



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Board Meeting</b></p> <p>Thursday June 20th 5:00pm</p> <p>Via Zoom Ask Staff for Credentials</p>	<p>Join groups virtually with</p> <p>Meeting ID: <b>429 970 7500</b></p> <p>Passcode: <b>450045</b></p>	<p><u>This Month's Life Skills:</u></p> <p>Cooking &amp; Food Safety</p>		<p>This Month's Educational Presentation:  None for June</p>		<p><sup>1</sup></p> <p>Weekend Relief  OPEN  8:30AM-12:30PM</p>
2  <b>CLOSED</b>	3 <p>Check-in/ Moving Towards 10:15AM</p> <p>—</p> <p>Laughing Group 11:00AM</p> <p>—</p> <p>IPS Group 12:30PM</p> <p>—</p> <p>Web Wisdom 1:30PM</p>	4 <p>Check-in/ Moving Towards 10:15AM</p> <p>—</p> <p>Creative Arts 11:00AM</p> <p>—</p> <p>Member Driven Group/ Social Group 12:30PM</p> <p>—</p> <p>Music Appreciation 1:30PM</p>	5 <p>Check-in/ Moving Towards 10:15AM</p> <p>—</p> <p>Hearing Voices 11:00AM</p> <p>—</p> <p>Writing Group 12:30PM</p> <p>—</p> <p>Conversations of Hope 1:30PM</p>	6 <p>Check-in/ Moving Towards 10:15AM</p> <p>—</p> <p>Life Skills 11:00AM</p> <p>—</p> <p>Healthy Living 12:30PM</p> <p>—</p> <p>Mindfulness and Meditation 1:30PM</p>	7 <p>Check-in/ Moving Towards 10:15AM</p> <p>—</p> <p>Healing Your Inner Child 11:00AM</p> <p>—</p> <p>Topics in WRAP 12:30PM</p> <p>—</p> <p>Stress Management and Relaxation 1:30PM</p>	8  Weekend Relief  OPEN  8:30AM-12:30PM
9  <b>CLOSED</b>	10 <p>Check-in/ Moving Towards 10:15AM</p> <p>—</p> <p>Laughing Group 11:00AM</p> <p>—</p> <p>IPS Group 12:30PM</p> <p>—</p> <p>Understanding Stigma 1:30PM</p>	11 <p>Check-in/ Moving Towards 10:15AM</p> <p>—</p> <p>Creative Arts 11:00AM</p> <p>—</p> <p>Member Driven Group/ Social Group 12:30PM</p> <p>—</p> <p>Music Appreciation 1:30PM</p>	12 <p>Check-in/ Moving Towards 10:15AM</p> <p>—</p> <p><b>COMMUNITY MEETING</b> 11:00AM</p> <p>—</p> <p><b>COMMUNITY POTLUCK</b> 11:45</p> <p>A.N.T.s 12:30PM</p> <p>—</p> <p>Conversations of Hope 1:30PM</p>	13 <p>Check-in/ Moving Towards 10:15AM</p> <p>—</p> <p>Life Skills 11:00AM</p> <p>—</p> <p>Healthy Living 12:30PM</p> <p>—</p> <p>Mindfulness and Meditation 1:30PM</p>	14 <p>Check-in/ Moving Towards 10:15AM</p> <p>—</p> <p>Healing Your Inner Child 11:00AM</p> <p>—</p> <p>Coping Skills 12:30PM</p> <p>—</p> <p>Stress Management and Relaxation 1:30PM</p>	15  Weekend Relief  OPEN  8:30AM-12:30PM
16  <b>CLOSED</b>	17 <p>Check-in/ Moving Towards 10:15AM</p> <p>—</p> <p>Laughing Group 11:00AM</p> <p>—</p> <p>IPS Group 12:30PM</p> <p>—</p> <p>Web Wisdom 1:30PM</p>	18 <p>Check-in/ Moving Towards 10:15AM</p> <p>—</p> <p>Creative Arts 11:00AM</p> <p>—</p> <p>Member Driven Group/ Social Group 12:30PM</p> <p>—</p> <p>Music Appreciation 1:30PM</p>	19  <b>CLOSED</b>  Juneteenth	20 <p>Check-in/ Moving Towards 10:15AM</p> <p>—</p> <p>Life Skills 11:00AM</p> <p>—</p> <p>Healthy Living 12:30PM</p> <p>—</p> <p>Mindfulness and Meditation 1:30PM</p> <p><b>Board Meeting</b> 5:00pm - Zoom</p>	21  <b>Hampton Beach</b>  See front page for details	22  Weekend Relief  OPEN  8:30AM-12:30PM
23/30  <b>CLOSED</b>	24 <p>Check-in/ Moving Towards 10:15AM</p> <p>—</p> <p>Laughing Group 11:00AM</p> <p>—</p> <p>IPS Group 12:30PM</p> <p>—</p> <p>Understanding Stigma 1:30PM</p>	25 <p>Check-in/ Moving Towards 10:15AM</p> <p>—</p> <p>Creative Arts 11:00AM</p> <p>—</p> <p>Member Driven Group/ Social Group 12:30PM</p> <p>—</p> <p>Music Appreciation 1:30PM</p>	26 <p>Check-in/ Moving Towards 10:15AM</p> <p>—</p> <p>Walking Group/ Physical Wellness Group 11:00AM</p> <p>—</p> <p>A.N.T.s 12:30PM</p> <p>—</p> <p>Conversations of Hope 1:30PM</p>	27 <p>Check-in/ Moving Towards 10:15AM</p> <p>—</p> <p>Life Skills 11:00AM</p> <p>—</p> <p>Healthy Living 12:30PM</p> <p>—</p> <p>Mindfulness and Meditation 1:30PM</p>	28  <b>Growing Together</b>	29  Weekend Relief  OPEN  8:30AM-12:30PM